

Paper ID: PT-06

Evidence-Based Perspectives on Traditional Medicine in the Management of Lifestyle Diseases

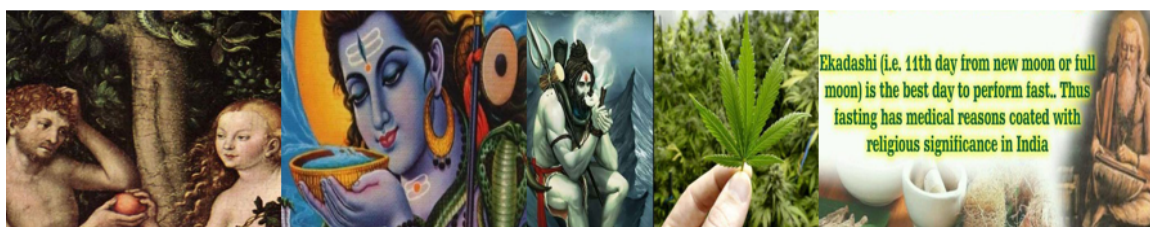
Plenary Talk

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Abstract



- Does Adam and Eve's original sin have to do with "Apple"?
- To protect the creation, did Lord Shiva consume the poison and then encounter Cannabis (*Cannabis sativa*)?
- Fasting has existed in India since time immemorial, but many Indians believe that it is unscientific and illogical, is it unscientific?

Certain statement we must prove that they are true. Sometimes they are based on ignorance, prejudices and mistaken interpretation. Common sense knowledge based on accumulated experience, prejudices and belief of people. It is often contradictory and inconsistent. Scientific observations are based on verifiable evidence and systematic proof that can be cited.

In the lecture, the discussion will be made that despite Indian Systems of Medicine (ISM) being one of the world's oldest medical systems and although we have a wealthier history of bioresources and traditional medicine (TM) but still translational potential with global acceptability is a real need. ISM and TM are encountering acceptability challenges because of inconsistency in efficacy due to a lack of authenticated and quality botanical raw material, lack of information on their chemical composition(s), quality is not assured, and safety is a major concern as defined by the current standards in regulatory affairs and healthcare industry.

Keywords: Natural product, traditional medicine and drug discovery